

# Basic Enhanced EAP



Your company can suffer when an employee is faced with a personal or professional issue that gets in the way of maintaining productivity at work. Offering a robust Employee Assistance Program (EAP) can be the answer for both your employee and their family. It can help your company's bottom line, too.

## Experienced EAP Staff

Licensed Master's level professionals that can provide assistance for a variety of personal and professional matters.

- Emotional Well-Being
- Family and Relationships
- Legal and Financial
- Healthy Life Styles
- Work and Life Transitions

## EAP Benefits

- Access to EAP Professionals 24 hours a day, seven days a week
- Provides information and referral resources
- Service for employees and eligible dependents
- Three face-to-face sessions\* with a counselor (per household per calendar year)
- Legal and financial resources
- Online will preparation
- Legal library and on-line forms
- Telephonic financial consultation

- Connect employees with online resources for:
  - *Dependent and Elder Care resources*
  - *Substance use and other addictions*
  - *Work/Life Balance*
- Access to a library of educational articles, handouts and resources at [mutualofomaha.com/eap](http://mutualofomaha.com/eap)

## Organizational Services

Connection to resources for on-site training and Critical Incident Stress Management Services (CISM)\*\* available on a fee-for-service basis

\* *Face-to-face visits can be used toward legal consultations. In California: Knox-Keene Statute limits no more than three face-to-face sessions in a six-month period.*

\*\**Utilization reports available upon request.*

## Network

Mutual of Omaha's robust network of licensed mental health professionals provides flexibility to meet individual member's needs. All face-to-face EAP sessions must be authorized by contacting Mutual of Omaha at (800) 316-2796.

For more information or to utilize EAP benefits call (800) 316-2796.

